

Brief Bio Shonneia Adams

Shonneia M. Adams / Master Motivator / Empowerment Coach / Speaker / Global Trainer / Executive Consultant / Co-author / Radio Show Host / Certified John Maxwell Team Member

Master Motivator Shonneia M. Adams has been helping individuals “level up” to fulfillment of purpose and greater heights of achievement since 1998. Known as “Coach Adams,” she is a sought after speaker, empowerment coach and consultant to corporations, ministries and small businesses – frequently training teams, staffers and management in principles of leadership, vision birthing, team building and more.

As “one who inspires,” Coach Adams encourages and empowers clients in private sessions, group trainings and events including her branded “WINshops” and the “S.H.A.P.E. UP” series. Both programs focus on imparting a mix of vision training, coaching empowerment and strategic planning in order to unlock previously unearthed passion and purpose in the lives of participants. Currently, she can be heard live on “Motivational Mondays w/ Coach Adams,” an hour-long, weekly broadcast designed around her “*I Coach; You Win*” power principles.