

## **More about this Episode**

**Meet Helen:** Helen Ngo, CFP® is the CEO and Founder of Capital Benchmark Partners, LLC, an independent financial advisory firm based in Atlanta, GA. Her primary focus is to empower women entrepreneurs and professionals by providing the proper tools and strategic planning techniques to help them become financially minded and independent in order to take full control of their lives. Having nearly ten years of experience in the industry, she has a unique style and approach to business and has been able to expand her firm to accommodate clients nationally and overseas. Moreover, she is deeply passionate about bringing more women advisors into the industry. Helen is often featured in major financial news outlets including CNBC, NerdWallet, CBS Money, and Investor's Business Daily.